

PEER North

Evidence-based Navigation of Northern Medicine

Register now

Yellowknife, NT

September 21-23, 2023

Who should attend?

- NPs & Nurses
- Family Physicians
- Pharmacists
- Students and Residents
- Allied Health Professionals
- Wanna be Northerners ;)

If life the North intrigues you, this cultural and educational experience may leave you wishing to practice here, or remind you why you stay!

Mission

To create a culturally relevant educational forum tailored to the Northern healthcare community while fostering meaningful connections and enhancing relationships. This takes place whilst addressing current primary care topics of interest with an evidence-based approach applicable to practice.

peernorth.ca



Pre-Conference Workshops

Registration for these workshops closes August 20th. Space is limited so early registration is recommended.

Wilderness Medicine Limited to 16 participants

Thursday September 21st, 13:00 - 16:30, Yellowknife Ski Club

Hosts: Katherine Breen, Eric McNair-Landry, Brian Carriere

This largely outdoor workshop will provide participants with a chance to learn skills relevant to managing medical emergencies in remote and austere environments. Scenarios will incorporate problem solving and an opportunity to practice practical survival skills and techniques in a realistic environment. Learning will be supported by experienced physicians and wilderness medicine providers. Emphasis will be placed on the principles of situational awareness, communication, and risk assessment.

Plan for 1.5hr indoor and 1.5hr outdoor.
Afternoon refreshments provided.



Evidence Based Medicine

Limited to 20 participants

Thursday September 21st, 17:30 - 20:30, Caribou Room, Chateau Nova Hotel and Conference Centre

Excellent or Excrement: Guide to Sorting Out Research Claims

Hosts: PEER Team - Danielle Perry, Adrienne Lindblad, Betsy Thomas, Jessica Kirkwood

This workshop was designed by the PEER team specifically with primary care in mind. Participants will receive: foundational concepts for practicing EBM in a clinical setting, a solid understanding of randomized controlled trials, systematic reviews, and access to reliable sources of evidence that may be utilized amid a busy clinical practice. By the end of this workshop, you will have increased confidence to apply EBM concepts to your practice including using evidence in shared decision making with patients.

Light supper provided

You will learn:

- Valuable resources for accessing evidence-based summaries
- Common misinterpretations in evidence
- Tricks to quickly sort out key findings
- How to make using evidence less overwhelming!



This workshop has pre-conference homework to be completed prior to attending. In-person only.

Advanced Cardiovascular Life Support (ACLS) & Pediatric Advanced Life Support (PALS)

Thursday September 21st, 09:00 - 17:00, 126 Briston Avenue and Caribou Room, Chateau Nova



BLS recertification available, arrive at 8am.

Refreshments provided.

ACLS REGISTER

PALS REGISTER

These workshops are fully hosted by AMS. Click above to contact and for more information.

On the Land Teachings with Indigenous Leaders

Friday morning, Somba K'e Park

Learn first hand from Indigenous Elders and Knowledge Keepers about traditional life on the land in the North. Small groups will receive a scenic and serene introduction into traditional ways of knowing and communicating.

Time spent in nature with Dene and Inuit are times to be remembered when communicating with Indigenous patients who comprise fifty percent of the NWT population.

Cultures, traditional knowledges and ways of knowing, stories, and life experiences will be shared.



Lila Fraser Erasmus

Dene Cree and Northern Tutchone
Indigenous Resource Specialist
PEER North Cultural Consultant



Elder Felix Lockhart

Dene First Nation from Lutsel K'e NT
Cultural Advisor
Indigenous Wellness Program
Stanton Territorial Hospital



Elder Rassi Nashalik

Inuit Elder-in-residence
U of A School of Public Health
Co-founder of the Arctic Indigenous
Wellness Foundation



Alice Abel



Paul Andrew



Rosa Mantla



Berna Martin



Harriet Paul



Karen Wright-Fraser

Schedule Chateau Nova Hotel and Conference Centre

Thursday Pre-conference

Time	Session	Speaker(s)
9:00-17:00	PALS (BLS Recert 8am)	AMS Team
9:00-17:00	ACLS (BLS Recert 8am)	AMS Team
13:00-16:30	Wilderness Medicine	Katherine Breen Eric McNair-Landry
17:30-20:30	Evidence Based Medicine Workshop	PEER Team: Jessica Kirkwood, Danielle Perry, Adrienne Lindblad, Betsy Thomas

Friday

Time	Session	Speaker(s)
7:30	BREAKFAST & REGISTRATION	
8:30	Opening Remarks & Welcome	Dene Drummers
9:00	On the Land Teachings	Lila Fraser-Erasmus, Elders & Knowledge Keepers
11:30	LUNCH	
12:30	Introductions	NWTMA, PEER, Practice NWT
12:40	What's New, What's True, What's Poo	Tina Korowynk & Danielle Perry
13:00	TB or Not TB, That is the Question: Tuberculosis in Primary Care	Sarah Lesperance
13:20	PEER 2023 Simplified Lipid Guideline	Adrienne Lindblad & Michael Kolber
13:50	Q & A	
14:10	BREAK/REFRESHMENT	
14:30	To Operate or Not to Operate: The Surgeon's Internal Debate	Danielle Stachiw
14:50	The Inside Scoop: An Update on General Surgery for Primary Care	Jake Vermaak
15:10	Urine Trouble: Navigating UTIs for Primary Care	Betsy Thomas & Jessica Kirkwood
15:30	Q & A / Closing Remarks	
18:00	DINNER FRIDAY NIGHT SOCIAL: BBQ & BOATS (doors open 4:30)	Sponsored by Practice NWT

Saturday

Time	Session	Speaker(s)
8:00	BREAKFAST	
8:40	From Diapers to Data: Unveiling New Insights in Pediatric Care	Bridget Gibson
9:00	Mindful Medicine: Pearls of Wisdom for Primary Care Mental Health	Dorothy Kuk
9:20	Q & A	
9:40	BREAK / REFRESHMENT	
10:00	Beyond Storks and Cell Service: Delivery in Remote Communities	Lesley Paulette
10:20	The Final Prescription: Exploring MAID through a Northern Lens	Sally MacDonald
10:40	The Great Escape: Preparing Patients for Transfer	Kara Livy
11:00	Q & A	
11:20	LUNCH at the park	
13:00	Life After Trauma: The Primary Care Approach to PTSD	Dorothy Kuk
13:20	Clinical Event Debriefing	Hannah Shoichet
13:40	Q & A	
14:00	BREAK / REFRESHMENT	
14:20	The HCV Handbook: Primary Care Guide to Hepatitis C	Jessica Kirkwood
14:40	The PEER Team: Choose your Briefs	Jessica Kirkwood, Tina Korowynk, Michael Kolber
15:00	Q & A	
15:20	Closing Remarks	NWTMA & Practice NWT



BBQ & Boats Friday Night Social



LIVE ART PAINTING

Jen Walden & Aidan Cartwright

Renowned local artist, mother, and feature filmmaker (Elijah and the Rock Creature) and a friend will co-paint a canvas to life right before your very eyes! Open your wallets because this live art piece will go home with the highest bidder! Proceeds will go to a local charity.



VOYAGER CANOE TOURS

NARWAL Northern Adventures

Be transported back in time during this amazing tour of Yellowknife Bay led by skilled pilots in a magnificent 29-foot Voyager canoe. These boats hold up to 24 people and will provide a stable outdoor adventure for our guests with minimal paddling skills.



CAMPFIRE MUSIC

Steve and Dawn Lacey

Come and sit by the fire to listen to the enchanting music from Steve and Dawn Lacey. Music has been an everyday part of life for the Lacey's and now they will make it a part of the PEER North social event. Sit and sing along with their casual acoustic music throughout the evening.

Friday September 22rd, 17:00 - 22:00, Dinner at 18:00

Hosted by **Practice NWT**

Cash Bar available, Doors Open at 16:30, Dinner at 18:00



Come and join us for an exciting family-friendly social event at The Garden by Fishy People; Yellowknife's premiere indoor/outdoor venue in historic Old Town. You will enjoy snacks, a barbecue-style dinner, desserts, and a cash bar all while being entertained by live music, live-art painting and a charity auction. Make sure to sign up for a historical voyager canoe tour around the famous Yellowknife houseboats. The voyager canoes are perfect for those with no paddling experience.

Don't miss out on this uniquely-Yellowknife experience to socialize with your northern colleagues!

Dress for the weather (inside space is available to warm up!)





How We Started

After years of communications with Northern health care leaders, the Northwest Territories Medical Association (NWTMA) sensed a need for greater collaboration to share experiences and knowledge unique to Northern practice. With support from Practice NWT, and in partnership with PEER (Patients, Experience, Evidence, Research), an organization free from industry bias, we have created a Northern family medicine educational forum with unique local and Indigenous cultural offerings.



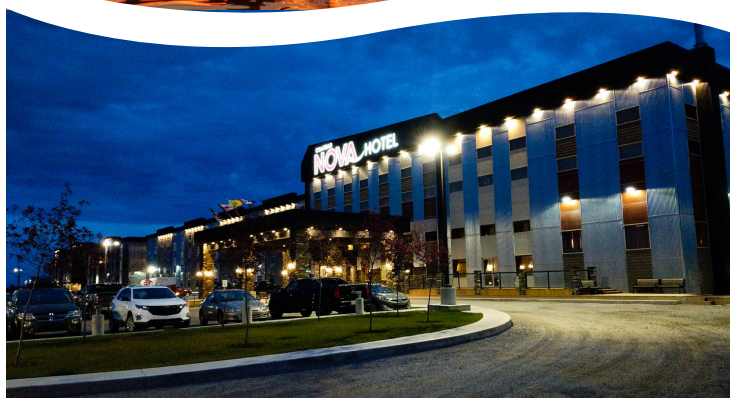
We are committed to recruiting benevolent healthcare providers to support our diverse and knowledgeable land-loving population. We hope you will join us and come to love our people and land as much as we do.

Click to Register

Registration Type	Cost
Conference - Physicians	\$600
Virtual Conference - Physicians	\$300
Conference - NPs, Nurses, Others	\$160
Virtual Conference - NPs, Nurses, Others	\$100
EBM Workshop - Physician	\$200
EBM Workshop - Other	\$100
Wilderness Medicine - Physician	\$200
Wilderness Medicine - Other	\$100

Venue: Chateau Nova

Group rate code will be emailed to you after registration or you can check out [Yellowknife B&B options](#).



Conference Presenters



Katherine Breen, CCFP (EM)
Emergency Physician
Stanton Territorial Hospital
Yellowknife, Northwest Territories



**Brian Carriere, RN ,MDE, Gdip
DEM, BA**
President, Search and Rescue Alberta
Advanced Medical Solutions Inc.
Grande Prairie AB



Bridget Gibson, MD, FRCPC
Pediatrician, Stollery Children's Hospital
Edmonton, Alberta



Jessica Kirkwood, CCFP (AM)
Family Physician,
Boyle McCauley Health Centre
Assistant Professor, University of Alberta
Edmonton, Alberta



Mike Kolber, BSc MD CCFP MSc
Professor, Dept. of Family Medicine,
U of A
Associate Director, PEER Team
Peace River, Alberta



Tina Korownyk, CCFP
Professor & Chair Dept. of Family
Medicine, U of A
Family Physician and Director of PEER
Edmonton, Alberta



Dorothy Kuk, MD, FRCPC, Psychiatry
Psychiatry practice and Yoga Therapist focus
on Culturally Integrative Care
Whitehorse, Yukon



Eric McNair-Landry, Adventurer
Arctic Expedition Leader
Sled-dog Trainer
Kite skiing world record holder
Yellowknife, Northwest Territories



**Sarah Lesperance, MD, CCFP,
FCFP, FRRMS**
President, Society of Rural Physicians
of Canada
Petitcodiac, New Brunswick



**Adrienne Lindblad, BSP ACPR
PharmD**
Clinical Evidence Expert Lead, College of
Family Physicians of Canada
Red Deer, Alberta



Kara Livy, MN NP
Vice President of Operations for
Advanced Medical Solutions/Medic
North Group of Companies
Edmonton, Alberta



Sally MacDonald, MD
Family Doctor
Oncology and Palliative Care
Whitehorse, Yukon



**Lesley Paulette, Indigenous
Midwife (RM, Retired)**
Guided by traditional indigenous
midwives and modern educators
Catalyst for midwifery legislation



Danielle Perry, RN, MSc
Clinical Evidence Expert- CFPC
PEER member since 2017
Edmonton, Alberta



Hannah Shoichet, CCFP(EM)
Co-director for the University of
Alberta Rural Family Medicine
Yellowknife, Northwest Territories



Danielle Stachiw, MD
Generalist Orthopedic Surgeon
Yellowknife, Northwest Territories



Betsy Thomas, BSc Pharm
Clinical Evidence Expert, College
of Family Physicians of Canada
Edmonton, Alberta



**Jake Vermaak, FRCSC, FCS,
MMed(Surg)**
General Surgery
Yellowknife, Northwest Territories